



Kaysville Parks & Recreation

Monster Mash & Dash

October 15, 2011
Heritage Park ~ 150 N. Fairfield Road



Pre-Festival

- 3:00pm—Scarecrow building –(Pre registration required)
- 4:30—Enter your carved pumpkin into our contest!
- 5:00pm—Judging of Scarecrow’s and Pumpkins.

Schedule of Events: 5:30pm—10:00pm 5:30pm—Festival Begins!

- Scarecrow and Pumpkin walk
- Storytelling
- Pumpkin Painting
- Chili, scones and caramel apple stand
- Entertainment

6:30pm—Monster Mash-n-Dash Family 5k Walk/Run

- Pre-registration required
- Costume encouraged but not required
- Runner costume contest

-Dash Details

Pre-registration fee: \$15.00 (includes t-shirt)
 On site registration fee: \$25.00 (T-shirts 1st come 1st serve)
 Age Groups: 10 & Under, 12 - 14, 15 - 19
 20-29, 30-39, 40-49, 50-59, 60 & Older
 Awards: Top 3 overall (male & female)
 Medals to top 3 in each age group (male & female)
 Medals for best costume (male & female)

7:00pm—Pie-Eating Contest

7:15pm—Scarecrow Auction

7:30pm—Announce Prizes

8:00pm—Monster Mash Dance

-Families! Put on your boogie shoes and best Halloween costumes and dance the night away under the stars! A professional DJ will be used to host this fun portion of the event!



Basketball News

We may not have an NBA season this year, but we will always have Jr. Dart Basketball!

Sign ups are right around the corner beginning October 3rd and running through October 21st grades K-12th boys and girls. We also have a pre-

school program for 3-4 year olds, who turn 3 before the program starts.

There is a pre-season skills clinic for boys and girls grades 3-8 held at Davis High school November 19th the registration fee is \$10.00. As always you can register

online at www.kaysvillerec.com .

We look forward to another exciting year on the hardwood.



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The Benefits of Parks & Recreation are ENDLESS!

- *Be happier*
- *Build Family Unity*
- *Feel Great!*
- *Build Self Esteem*
- *Provide Safe Places to Play!*
- *Meet Friends!*
- *Elevate Personal Growth*

Mark Your Community Events Calendar

"COLD CONES COOL CARS"

- Wednesday, September 7
- Pepperbelly's Restaurant & County Library's north lawns
- 4:00 – 7:00 P.M.

"MEET THE CANDIDATE NIGHT"

- Thursday, September 8
- Municipal Center
- 7:00 P.M.

"YOUTH OF PROMISE"

- Saturday, September 10
- U.S.U. Botanical Gardens Pavilion
- 6:00 A.M. sunrise

MOVIE IN THE PARK – "GNOMEO & JULIET"

- Saturday, September 10
- Heritage Park
- Dusk, sunset

PRIMARY ELECTIONS

- Tuesday, September 13
- West of I-15 – Kaysville Bible Church (181 N Flint St.)
- East of I-1-15 – D.A.T.C. College (550 E 300 S)
- 7:00 A.M. to 8 P.M.

(PLEASE BRING VALID IDENTIFICATION)

GENERAL ELECTIONS

- Tuesday, November 1
- (Same as Primary Elections)
- 7:00 A.M. to 8:00 P.M.

"ARMED FORCES DAY CELEBRATION"

- Saturday, November 5
- Davis High School Commons Area
- 11:00 A.M.

"STAR ON THE MOUNTAIN"

- Started 1961- 50th Anniversary
- Begins nightly Monday November 28 and runs thru Saturday December 31, 2001
- Wasatch Front foothills at the end of 200 North
- Nightly, sunset

CHRISTMAS TREE LIGHTING AND LIGHT PARADE

- Monday, November 28
- City Hall Block
- 5:45 P.M.

FAMILY NEW YEARS ACTIVITIES

- Saturday, December 31
- City Hall Block
- 6:00 P.M. – 12:00 Midnight

BINGO

- Municipal Center
- 7:00 – 11:30 P.M.

CHILDREND'S CARNIVAL

- Kaysville Elementary
- 7:00 – 9:00 P.M.

CHILDREN'S STORY HOUR

- County Library
- 7:00 – 9:00 P.M.

FOOD SERVICE

- Recreation Center
- 6:00 – 10:00 P.M.

MUSIC ENTERTAINMENT

- Senior Citizen's Center
- 7:00 – 12:00 Midnight

For Your Information

CLEAN FILL DIRT AVAILABLE

Did you know that we generate surplus dirt from our Cemetery's interments? Please call Stacie at (801) 546-4046, Monday thru Friday, from 7:00 A.M. to 3:30 P.M. for more details. Each load is approximately 3 cubic yards.

Staff Highlights

SALLY TAYLOR is in her second year as our volunteer Community Photographer. She and her husband, Jerry own and operate Speirs Plumbing Company. They are the parents of our City Councilman Jared Taylor. Look for her at all community events. She might just make you photogenic! She served many years on the Kaysville / Fruit Heights Civic Committee. Kaysville constantly earns its "Hometown" feel due to great citizens involvement, like Salley's.

STACIE HARWARD has been such a great example of community volunteer involvement. She was the last President of the Kaysville Jaycee's before they disbanded. She like Sally Taylor served many years on the Kaysville / Fruit Height Civic Committee. Currently she oversees the inventories in our two community events storage sheds at the Operation Center. This year Stacie co-chaired along with Teresa Hazen the July 4th Family Festival Venue.



Service Projects

Thank you to all of those who have completed service projects in our parks and recreation system this year:

Johnny Moody – Installed a new BBQ grill at the Angel Street Soccer Complex

Ashton Reinhold – Installed 100 cubic yards of playground chips in the playgrounds at Angel Street Soccer Complex.

Daniel Hacking – Poured concrete sidewalk at Barnes Memorial Park.

Parker Christiansen – Poured concrete sidewalks at Barnes Memorial Park

Chris Manning – Planted 12 trees at Barnes Memorial Park

Dax Rackham – Installed 80 cubic yards of playground chips at the two playgrounds at Barnes Memorial Park

Zeb Black – installed new sprinkler line in the Cemetery

Bryson Ward – Installed new planter area in the Cemetery

Matthew Brown – planted 14 trees for our Arbor Day program

Davis Watkins – set up for the 4th of July Breakfast

Jake Hunsaker- stained bowery's at Gailey Park

Ben Thomas – laid sod in the new retention basin at Gailey Park

Collin Frandsen – Stained bowery at Hess Farm Park

Glen Singleton – removed noxious weeds from water tank sites

Jake Christiansen – cleaned around tree wells and new mulch around Rotary walkway trees

Boot Camp For Mom's

The Football Boot Camp for Moms is a get in shape program using cardio plyometrics, general calisthenics and basic techniques and movements for strength training.

Certified instructor April Gutzwiller has 22 years experience with sports and training. April has been involved in the health and wellness industry long enough to have the knowledge to get participants in the best shape of their life!

Classes are on-going on Monday's, Wednesday's & Friday's with your choice of 6:00 am or 9:00 am.

Location of the camp will be at Kaysville Recreation Center with special visits to various location

such as Heritage Park, Wilderness Park and the Rail Trail.

Price Choices:

- Per Visit.....\$7.00
- Per Week..... \$15.00
- Per Month.....\$60.00 *best deal!*

Register at the first class you attend!

September marks our 6th successful month of Boot Camp for Mom's!

With your registration you will receive a free initial body composition with a new composition each month to track your progress.

For more information call 801-544-1788

Stretching

With most winter activities we participate in, it is wise to begin the activity with stretching exercises. Proper stretching prior to any activity will help to reduce injury and will enhance your range of motion. For a stretch to be effective, you must hold the stretch for 10 – 15 seconds. Include all the muscle groups and especially those muscles that will be involved in the activity you

will be involved in. Do not stretch the muscle to the point it is painful.





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***Providing Leisure Space and
Activities***

Kaysville Parks and Recreation would like to acknowledge the hundreds of volunteers that assist us in making our department a success. Whether you are a volunteer coach, community event volunteer or community service volunteer you are valued immensely. Without your time and efforts our programs would fail. Thank you and we hope to have your continued involvement.



Fall—Winter Registration Information

BASKETBALL REGISTRATION

KAYSVILLE JR DART YOUTH BASKETBALL IS A RECREATION LEVEL LEAGUE BASKETBALL PROGRAM FOR BOYS AND GIRLS IN GRADES K - 12. LEAGUE GAMES BEGIN SATURDAY NOVEMBER 5TH (1ST & 2ND) AND SATURDAY JANUARY 7th (Kindergarten & 3RD THRU 12TH). GAMES ARE SCHEDULED AT AREA SR/JR HIGH SCHOOLS.

REGISTER AT THE KAYSVILLE RECREATION OFFICE

85 NORTH 100 EAST, KAYSVILLE
MONDAY THRU FRIDAY OCTOBER 3-21, 9:00 AM - 5:00 PM

ONLINE REGISTRATION
WWW.KAYSVILLEREC.COM

SKI & SNOWBOARD PROGRAM

KAYSVILLE PARKS AND RECREATION IS OFFERING A FRIDAY NIGHT PROGRAM AT BRIGHTON RESORT AND A SATURDAY PROGRAM AT BRIGHTON RESORT AND SNOWBIRD RESORT. THIS IS A FUN AND AFFORDABLE WAY TO LEARN TO SKI AND SNOWBOARD OR PERFECT WHAT YOU HAVE ALREADY LEARNED. SESSIONS START IN DECEMBER.

REGISTER OCTOBER 3RD UNTIL FULL. ALL SESSIONS FILL UP FAST! FRIDAY NIGHT PROGRAM IS DESIGNED FOR 5TH THRU 12TH GRADES. SATURDAY PROGRAM 3RD THRU 12TH GRADES.

ONLINE REGISTRATION
WWW.KAYSVILLEREC.COM

PROGRAMS TO WATCH FOR IN 2012

- **LEARN THE BASICS OF SNOW SHOEING AND CROSS COUNTRY SKIING AT EAST MOUNTAIN WILDERNESS PARK**
- **GET INVOLVED IN THE NEW FITNESS AND FUN CRAZE "PADDLE BOARDING"**